## **Choose To Be Free**

A papery poppy bobs in the breeze precariously supporting a visiting butterfly. A babbling brook, a cantankerous cricket - sights and sounds of life... of the good and the pure.

Yet, the scavenging vulture circles above. Choosing not to see him, I see the rainbow, forming on the horizon, but there's a tornado up ahead.

Reports fall on shuttered ears, as I take pleasure in the sweet green of freshly mown grass, and the salt hovering above the open sea.

A cresting wave....
Succulent scents...
I delight in their life and forget about worry and hate and death.
For this moment, for this day, for perhaps...
an eternity.